



SCHEDULE AT A GLANCE

August 20- August 22, 2026 | Ottawa, ON

	Thursday, August 20		
7:00am - 8:00am	Registration		
8:00am - 9:30am	Breakfast		
9:30am - 10:00am	Opening Remarks		
10:15am - 11:00am	SPIN Support Group Leader Panel Dr. Brett Thombs	Scleroderma 101: What it is, Types, and Symptoms Dr. Maggie Larche	Scleroderma & Dental Care Dr. Martin Hogan
11:15am - 12:00pm	Navigating Scleroderma Medications: What to Know and What to Ask Dr. Joseph Washington	Feel Better, Live Better: A Scleroderma Skills Program from SPIN Dr. Brett Thombs & Tracy Mieszcza	Scleroderma & Dental Care Dr. Martin Hogan
12:00pm - 1:00pm	Exhibit Hall & Reserch Presentations		
1:00pm - 2:00pm	Lunch		
2:15pm - 3:00pm	Patient Panel	Caregiver Panel	Managing Emergencies Dr. Maggie Larche
3:15pm - 4:00pm			Lungs & PAH Dr. Nathan Hambly
4:15pm - 5:00pm	Mental Health Toolkit Dr. Danielle Rice	Gentle Movements & Adaptive Exercise Karen Gordon	Art Therapy Linnea McPhail & Eyes Open Studio
6:30pm onwards	Dinner & Awards Ceremony		



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	Friday, August 21			
8:30am - 9:30am	Breakfast			Continuing Medical Education (CME)
9:45am - 10:30am	Intimacy & Scleroderma Dr. Danielle Rice	Dermatology Dr. Elena Netchiporouk	Tech Tips for Healthy Well-Being Dr. Sarah Mclean & Amel Sassi	
10:45am - 11:30am	Naturopathy Vanessa Cook	Morphea Dr. Elena Netchiporouk	Taking Care of Others While Taking Care of Yourself Dr. Danielle Rice	
11:45am - 12:45pm	Regional Support Group Lunch			
1:00pm - 2:00pm	Keynote: Why Patient Engagement Matters Dr. Johnson, Dr. Pope, Dr. Hudson, Dr. Maltez			
2:15pm - 3:00pm	Understanding Chronic Pain & Fatigue: Research Update Dr. Mo Osman	Scleroderma & Healthy Eating Dr. Elizabeth Volkmann	Research Update Dr. Nancy Maltez	
3:15pm - 4:00pm	Building Tomorrow through Today's Research Visits Stephanie Densmore-Farnworth	Lungs & PAH Dr. Nathan Hambly	Tech Tips for Healthy Well-Being Dr. Sarah Mclean & Amel Sassi	
4:15pm - 5:00pm	Managing Emergencies Dr. Maggie Larche	GI Complications with Scleroderma Dr. Janet Pope	Research Update Dr. Sindhu Johnson	
5:00pm onwards	Dinner On Your Own			



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	Saturday, August 22		
7:30am - 8:45am	Breakfast & Exhibit Hall		
9:00am - 9:45am	Ask An Expert Panel Dr. Hambly, Dr. Hudson, Dr. Johnson, Dr. Pope		
10:00am - 10:45am	Intimacy & Scleroderma Dr. Danielle Rice	Working With Your Doctor to Optimize Your Health and Well-Being Dr. Claire Adams	Renal Crisis Dr. Marie Hudson
11:00am - 12:00pm	Keynote Presentation Dr. Joseph Washington		
12:00pm - 1:00pm	Lunch		
1:15pm - 2:00pm	Student Forum for Medical Students DermDigest	Scleroderma & Healthy Eating Dr. Elizabeth Volkmann	Scleroderma Canada: Fundraising
2:15pm - 3:00pm		Distinguished Poster Oral Session	Scleroderma 101: What it is, Types, and Symptoms Dr. Maggie Larche
3:15pm - 4:00pm		GI Complications with Scleroderma Dr. Janet Pope	Feel Better, Live Better: A Scleroderma Skills Program from SPIN Marie-Eve Carrier & Amy Gietzen
7:00pm onwards	Closing Remarks & Ottawa River Boat Cruise		