



Navigating Systemic Sclerosis Waters - CME

Friday August 30, 2024

10:30a.m. to 1p.m. NDT

(In person) Delta Hotels Conference Centre – 130 New Gower St, St. John's NL

(Virtual) via Zoom

Target Audience: Rheumatologists

Secondary Audience: Family practitioners, ER physicians, critical care physicians, internists, nephrologists, cardiologists, respirologists, nurses, physiotherapists, occupational therapists, respiratory therapists, pharmacists, and students.

Programme: All sessions will have 20 min presentation and 10 min Q & A
With an expert panel at the end as well.

Agenda Time Table:

Time:	Speakers:	Topics:
10:30a.m.	Dr. Sindhu Johnson	ILD in SSc
10:50a.m.	Dr. Janet Pope	Gut
11:10a.m.	Dr. Marie Hudson	Cell Therapies
11:30a.m.	Break	
11:45a.m.	Dr. Mo Osman	Fatigue
12:05p.m.	Dr. Evelyn Sutton	Digital Ulcers
12:30p.m.	Expert Panel	Q and A

Fees:

Medical Doctors - \$50

Allied Health Professionals - \$25

Students and Trainees – FREE



Speakers:

Dr. Sindhu Johnson

Rheumatologist, Clinical Epidemiologist and Clinician-Scientist at the University Health Network and Sinai Health Systems. She is also an Associate Professor in the Department of Medicine and the Institute of Health Policy, Management and Evaluation (IHPME) at the University of Toronto; and Program Director of the Clinical Epidemiology & Health Care Research Program at IHPME

Sindhu.Johnson@uhn.ca

Dr. Janet Pope MD MPH FRCPC

*Professor of Medicine, Division of Rheumatology and Epidemiology and Biostatistics
University of Western Ontario, Canada
Division Head in Rheumatology St. Joseph's Health Centre, London, ON*

Janet.Pope@sjhc.london.on.ca

Dr. Marie Hudson MD MPH FRCPC

Associate Professor and Member of the Division of Experimental Medicine in the Department of Medicine at McGill University

Co-Director of the McGill Interdisciplinary Initiative in Infection and Immunity

marie.hudson@mcgill.ca

Dr. Mohammed Osman

Associate Professor in the Department of Medicine at the University of Alberta

mosman@ualberta.ca

Dr. Evelyn Sutton

Professor of Medicine, the Associate Dean of Undergraduate Medicine and a rheumatologist at Dalhousie University

Evelyn.Sutton@Dal.CA

Moderator: **TBD**



Learning Objectives/CanMEDS:

Title: The American College of Rheumatology/American College of Chest Physicians Guidelines for the Screening, Monitoring and Treatment of ILD in Systemic Sclerosis – Dr. Sindhu Johnson

At the end of each of the following presentations participants will be able to:

1. Provide comprehensive knowledge on the latest evidence-based practices for the screening, monitoring, and treatment of interstitial lung disease (ILD) in systemic sclerosis.
2. Enhance effective communication strategies between healthcare providers and patients for better management of ILD in systemic sclerosis.
3. Promote patient advocacy by identifying and addressing barriers to optimal care for individuals with ILD in systemic sclerosis.

CanMEDS: Medical expert, Collaborator, Communicator

Title: Scleroderma affects the entire GI tract: Learn how to help your patients from dry mouth to fecal incontinence – Dr. Janet Pope

At the end of each of the following presentations participants will be able to:

1. Identify and analyze the varied manifestations of GI involvement in SSc including sicca, GERD, dysphagia, diarrhea, SIBO and incontinence.
2. Develop a strategy to diagnose and treat common GI manifestations in SSc.

CanMEDS: Scholar, Collaborator, Health Advocate

Title: Progress in Cell-based Therapies for Scleroderma - Dr. Marie Hudson

At the end of each of the following presentations participants will be able to:

1. Appraise the latest advancements in cell-based therapies for the treatment of scleroderma, including mechanisms, efficacy, and safety.
2. Explore innovative approaches in the development and implementation of cell-based therapies for scleroderma and their potential impact on patient care.



CanMEDS: Medical expert, Health advocate, Scholar, Collaborator

Title: Drained bodies and foggy brains: insights related to fatigue in patients with systemic sclerosis – Dr. Mo Osman

At the end of each of the following presentations participants will be able to:

1. Assess the pathophysiology of fatigue in patients with systemic sclerosis
2. Effectively communicate the impact of fatigue on the quality of life of patients with systemic sclerosis to interdisciplinary team members and patients.
3. Develop and implement a multidisciplinary approach to manage fatigue in patients with systemic sclerosis.

CanMEDS: Communicator, Collaborator, Health advocate, Scholar and Professional

Title: Digital ulcers-some practical tips – Dr. Evelyn Sutton

At the end of each of the following presentations participants will be able to:

1. Identify and understand the etiologies, risk factors, and pathophysiology of digital ulcers in patients with systemic sclerosis.
2. Provide clear and practical advice to patients and caregivers on the prevention and care of digital ulcers.
3. Advocate for comprehensive care strategies that include both medical and lifestyle interventions to manage digital ulcers in systemic sclerosis patients.

CanMEDS: Medical Expert, Patient Advocate, Communicator



Planning Committee

Dr. Maggie Larché – Chair

mlarche@mcmaster.ca

Dr. Gokul Vidyasankar – Co-chair Respiriology

gokul.vidyasankar@easternhealth.ca

Dr. David Price – Family Medicine

priced@mcmaster.ca

Stephanie Densmore-Farnworth – CSRG National Coordinator

sdensmor@stjosham.on.ca

Dr. Haonan Mi – Fellow in Rheumatology

haonan.mi@medportal.ca

Michelle Richard – VP Scleroderma Atlantic Canada

vp@sclerodermaatlantic.ca

Karol Bedoya-Carvajal - Events Coordinator

Karol@Scleroderma.ca

Riva Lewis – Assistant Conference Coordinator

riva@Scleroderma.ca